

# FCLMA newsletter

APRIL 2022



## President's address

Hello once again colleagues,

I am sure that by now you would have felt a change in the season. It has become cooler, and new colours have started to appear amongst the autumn leaves. The Fraser Coast medical landscape is also undergoing change, and I am excited to witness progress in the place we call home.

Work at the Hervey Bay Hospital continues to take shape and the new mental health unit is coming along - a welcome addition to our local services. Maryborough Hospital now has an acute medical ward with increased medical inpatient cover. This service is developing and shows great promise for its community. Also showing great promise is the successful election of Dr Nick Yim as AMAQ Vice President. I am certain that our colleagues both here and afar will benefit from the strong and balanced advocacy that Nick brings. Also creating change is our very own Dr Chris Woolard as he takes on his new role on the WBHHS Board. We thank Prof Bryan Burmeister for his contributions in the role and look forward to working with Chris in the seasons ahead.

Our medical students are also showing change. They have had a tough start to the year with shifting goal posts with the virus that shall not be named. More recently they have been subject to CHO advice of an extended lockout period during quarantine and isolation. This threatens progression in their curriculum, and potentially delays graduation of next

year's workforce. Despite these adversaries, our students have grown and demonstrated this by hosting OSBEE. This is an annual outdoor multi-station activity, aimed at recruitment of future medical students. We thank the community and the Hervey Bay Surf Lifesaving club in helping showcase medicine on the Fraser Coast. It is wonderful to see the community value the presence and role of our local medical school in generating our future workforce. The Regional Training Hub officially welcomed our interns with a meet and greet event and they have all been partnered with a mentor to guide them through their first year out and establish links with the Fraser Coast.

Finally, for those that have managed to secure time for their own education, the Rural Doctor's Association of Queensland conference is planned for June in Gladstone. RDAQ has an established history of rural doctor advocacy, and we have colleagues representing our region.

What a truly wonderful time of year it is, and it is refreshing to see the wheels turning for the Fraser Coast.

I look forward to seeing you soon,



A handwritten signature in black ink that reads 'Rudi'.

Dr Rudesh Prasad

# Other Council Members

Fr/Dr Michael Nixon OAM, ThDip, MBBS, FRACGP



Hervey Bay and Maryborough areas have initiated Queensland's first medical team visit at Maryborough High School this year. An ideal situation with doctors being able to see students with nurse chaperones without their parents present. This is proving to be an extremely worthwhile exercise. The second initiative is the commencement late last year of our mobile clinic visiting outlying communities on a regular basis. The mobile clinic comes with full clinic facilities, doctor, nurse, and reception with a driver. Galangoor is an ideal clinic for registrars in training for GP work to gain experience in ATSI ethnic customs and be better equipped to help this community.

## FCLMA membership and calendar of events – Tuesday's – Every Second Month (Bimonthly)

The Committee is keen to continue our attempts to engage our doctor community through provision of regular opportunities for informal networking as well as some education topics relevant to all. Further details and invites will circulate closer to the event. Spread the word! Strong engagement and membership are key to advocacy and making doctors voices heard.

APR 26	GenesisCare – Beach House – Speaker Prof Bryan Burmeister
21 Jun	Education and Networking
16 Aug	Education and Networking
18 Oct	Education and Networking
22 Nov	AGM

**Membership fee:** \$50 annually

**Direct Debit: Account name:** Fraser Coast Local Medical Association

**BSB** 034128 (Westpac) | **Account number** 183999

FRASER COAST LMA – AMA Queensland contribution

## AMA Queensland

AMA Queensland congratulates Dr Nick Yim on his election unopposed as state Vice President. Dr Yim, a Hervey Bay GP and former pharmacist, will take up his term following the AMA Queensland AGM on 27 May 2022. Polls open on 9 May for the positions of President, Member Elected Board Directors and Greater Brisbane Area Council Representatives. Voting is voluntary; however we strongly encourage you to have your say.

Read our latest monthly update [here](#)

## Sponsors



# Get Ready for June 30

[www.advicecentre.com.au](http://www.advicecentre.com.au)



## Creating Valuable Outcomes, Together

Avoid the rush: Get ready for June 30

**It seems like June 30 rolls around quicker every year, so why wait until the last minute to get your personal finances in order?**

With all the uncertainty and special support measures of the past two years, it's possible your finances have changed for better, or for worse. So it's a good idea to ensure you're on track for the upcoming end-of-financial-year (EOFY). Starting early is essential if you want to make the most of the opportunities on offer when it comes to your super and tax affairs.

For more details, read our article [here](#)





## Not all influenza vaccines are the same<sup>1</sup>

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**Recommend FLUCELVAX® QUAD for patients 2 years and older<sup>9</sup>**

WHO: World Health Organisation

**PBS Information:** This product is not listed on the National Immunisation Program (NIP) or the PBS.

Before prescribing, please review Product Information available at [www.seqirus.com.au/products](http://www.seqirus.com.au/products)

**MINIMUM PRODUCT INFORMATION Flucelvax® Quad** (Inactivated Quadrivalent Influenza Vaccine (prepared in cell cultures)) - Suspension for injection. **Indication:** For the prevention of influenza caused by Influenza Virus, Types A and B contained in the vaccine, for use in adults and children 2 years of age and older. **Contraindications:** Individuals with known severe allergic reactions (e.g. anaphylaxis) to any component of the vaccine or to a previous dose of any influenza vaccine. **Precautions:** Treatment and supervision for anaphylactic reactions should be available. Antibody response in immunocompromised patients may be lower. Careful consideration for use in history of Guillain-Barré syndrome within 6 weeks of previous influenza vaccination. Postpone immunisation in patients with febrile illness or acute infection. A protective immune response may not be elicited in all vaccine recipients. **Use in Pregnancy (Category B1):** The safety of Flucelvax® Quad in pregnancy has not been assessed in clinical trials. There are no reproductive and developmental toxicity studies with Flucelvax® Quad. Reproductive and developmental toxicity data from cell-based trivalent influenza vaccine (TIVc), Flucelvax® Quad can be given at the same time as other vaccines (in separate limbs) (adverse reactions may be intensified). **Adverse Effects:** Local - pain, erythema. Systemic - headache, fatigue, irritability (children 2-6 years), upper respiratory tract infection, nasopharyngitis (See full PI). **Dosage and Administration:** Intramuscular injection only: single 0.5mL dose (children <9 years may require 2 doses - see full PI). **Presentation:** 0.5mL single-use syringe. Storage: Store at 2°C to 8°C; must not be frozen; protect from light. Based on Approved Product Information.

**References:** 1. ATAGI. Statement on the administration of seasonal influenza vaccines in 2022. [www.health.gov.au/resources/publications/atagi-advice-on-seasonal-influenza-vaccines-in-2022](http://www.health.gov.au/resources/publications/atagi-advice-on-seasonal-influenza-vaccines-in-2022) Accessed March 2022. 2. Rajaram S et al. *Ther Adv Vaccines Immunother*. 2020;8:2515135520908121. 3. CDC. Cell-based flu vaccines. Available from: [www.cdc.gov/flu/prevent/cell-based.htm](http://www.cdc.gov/flu/prevent/cell-based.htm) Accessed March 2022. 4. Mabrouk T et al. *Dev Biol (Basel)*. 2002;110:125-134. 5. WHO. Influenza A(H3N2) lineage cell culture-derived CVVs for development and production of vaccines for use in the 2022 SH influenza season; Available from: [https://cdn.who.int/media/docs/default-source/influenza/cvvs/cvv-southern-hemisphere-2022/a\(h3n2\)---cell-culture-derived.pdf](https://cdn.who.int/media/docs/default-source/influenza/cvvs/cvv-southern-hemisphere-2022/a(h3n2)---cell-culture-derived.pdf) Accessed March 2022. 6. Skowronski DM et al. *PLoS One*. 2014;9(3):e92153. 7. Rajaram S et al. *Int J Environ Res Public Health*. 2020;17(15):5423. 8. Paules CI et al. *N Engl J Med*. 2018;378(1):7-9. 9. FLUCELVAX® QUAD Approved Product Information. Seqirus (Australia) Pty Ltd Melbourne, Victoria, ABN: 66 120 398 067. [www.seqirus.com.au](http://www.seqirus.com.au). Seqirus Medical Information: 1800 642 865. FLUCELVAX® is a registered trademark of Seqirus UK or its affiliates. Seqirus™ is a trademark of Seqirus UK Limited or its affiliates. Date of preparation: March 2022. ANZ-QIVc-22-0003. 001232-CDIC-A.



## AstraZeneca

Asthma Ascent is a new asthma education initiative. Essentially, it's an educational toolkit (a one stop shop for all things asthma) designed for primary care with the bonus of an optional CPD activity. Ascent has been developed in collaboration with a Steering Committee of experts with an interest in asthma. The content is strictly non-promotional and designed for educational purposes. The toolkit contains information and practical resources to help you and your practice identify and manage patients with uncontrolled asthma using national guidelines and recommendations. With a constantly changing treatment landscape, the resources provided have been adapted for telehealth within your practice.

Healthcare professionals can access the Asthma Ascent Toolkit on it's own as an educational resource or, additionally choose to participate in the optional CPD activity.

If you wish to find out more, please do not hesitate to contact the Ascent program administrator at [support@myascent.com.au](mailto:support@myascent.com.au) for CPD Activity and toolkit related questions.

# GenesisCare – St Stephens Hospital, Hervey Bay



## Oncology, cardiology and sleep medicine

At GenesisCare we bring together the right people, the best technology, and the latest techniques to ensure each person we treat gets the best possible outcomes. We put you at the centre of everything we do, ensuring you have the care you need, when you need it.

### Our centre

GenesisCare Hervey Bay offers a multidisciplinary cancer treatment centre and high-quality cardiology and sleep centre all in the same location.

We provide advanced radiation therapy to local and surrounding communities. Our highly skilled team provide the best clinical care and treatment outcomes to public and private patients, alongside complimentary allied health services when you need them.

Our sleep centre gives access to the most experienced team of sleep care professionals in Queensland.



### Oncology

**Tel: (07) 4120 6600**

Fax: (07) 4120 6610

[receptiononcologyfrasercoast@genesiscare.com](mailto:receptiononcologyfrasercoast@genesiscare.com)

1 Medical Place  
Urraween, QLD 4655

### Cardiology and sleep

**Tel: (07) 4303 4300**

Fax: (07) 4303 4310

[infocardiologyqld@genesiscare.com](mailto:infocardiologyqld@genesiscare.com)

Level 1, Suite 10  
Sara Stella Medical Centre  
St Stephen's Private Hospital  
1 Medical Place  
Urraween, QLD 4655